

# Giving Food to Others

## Materials

- Lists of food to bring for a food pantry or bank
  - Colored markers or crayons
1. Tell the children about a food pantry or bank in your community. If possible, invite a representative from the organization to describe it to the group or go visit the organization.
  2. Talk with the children about what they can bring for the food pantry.
  3. Provide them with lists to take home and to distribute to the congregation. They can decorate the lists with drawings.
  4. Plan a way to keep track of the amount of food they collect. Here are some ideas:
    - ◆ Fill brown paper grocery bags as the food is brought in. See how many bags of food you can make.
    - ◆ Draw cans of food on a piece of poster board for every five (or ten) food items collected by the children.
    - ◆ Set aside a corner of the learning area to collect the food. Count the number of items each week.
    - ◆ Ask the children how they would like to keep track of the food they gather.

