MEMO ON THE HIGH IN A 1,000 DAYS INFRASTRUCTURE

RETURNS OF INVESTING



We know this from our work on global nutrition that the 1,000 Days between a woman's pregnancy and a child's second birthday is a time

Bread for the World is calling on the Biden-Harris administration and Congress to build a better 1,000-Days infrastructure in the United States.

of tremendous potential and enormous vulnerability. It is true everywhere, including here in the United States.

WIC drives the agenda -



the World is predisposed to focus on nutrition programs, and the WIC program is ideally suited to the 1,000 days. Mothers and children need sufficient food and good nutrition in the first 1,000 days in order to thrive.

As an anti-hunger organization, Bread for



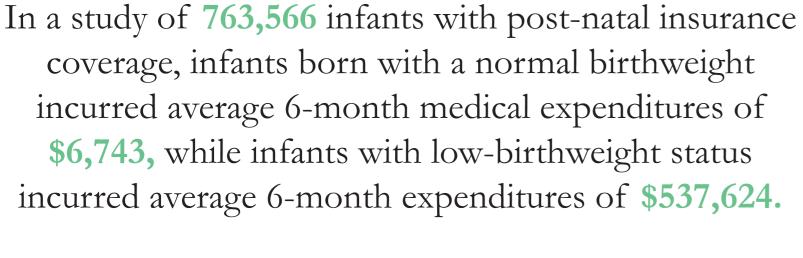
access to quality health care, paid family and medical leave, child care, and the tax credits that allow families to keep extra cash to pay for household necessities. These are essential components of the 1,000-Days infrastructure we are promoting. The sections below detail returns on investment of each and why they are part of the 1,000-Days infrastructure.

Nutrition Assistance

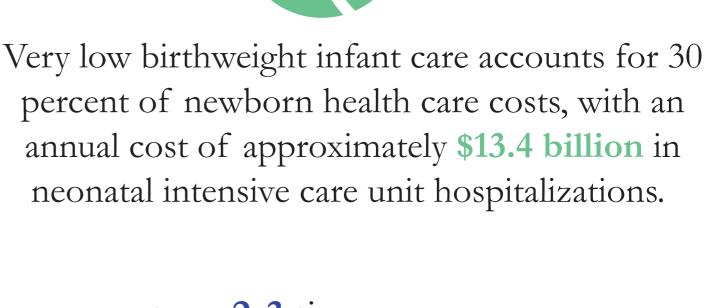


WIC yields \$2.48 in long-term savings to society in medical, educational, and productivity costs. WIC's prenatal care benefits reduce the rate of low birthweight babies (less than 5.5 lbs.) by 25 percent and very low birthweight babies (3 lbs., 5 oz.) by 44 percent.





Mothers who receive WIC's peer counselor support are 2-3 times more likely to initiate and continue breastfeeding. Babies who are not breastfed visit the physician



Mothers and fathers of breastfed infants

Maternal and Infant Health Care - -

more often, spend more days in the hospital, and

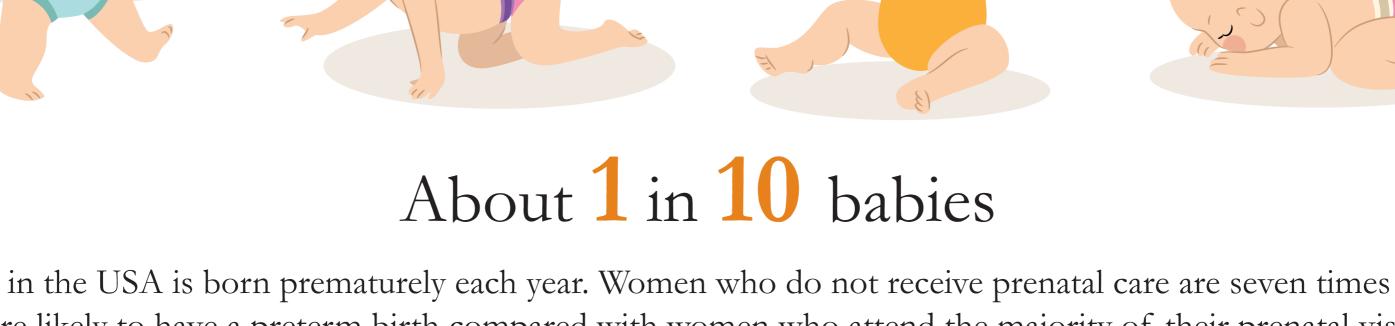
require more prescriptions than breastfed infants.



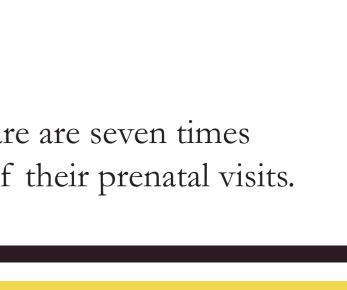
typically spend more time at work rather than

taking leave to care for sick children.









The rate of preterm

birth among Black

women is 50 percent

higher than the rate

of preterm birth

among white or

Hispanic women.

A 2007 Institute of Medicine report

estimated the

societal economic

burden associated

the delivery costs associated with a term birth.

20%

Access to paid leave is estimated

to increase mothers' labor force

participation by approximately 20

percent during the first year

following their child's birth.

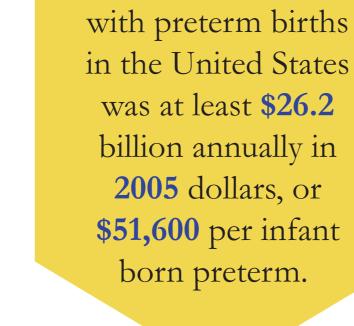
Excess maternal

delivery costs due

to preterm birth

were approximately

\$5,200 more than



Paid Family and Medical Leave 50%

States with paid family and medical

leave versus unpaid or no leave

reduce the chance of postpartum

re-hospitalization of the mother

or baby by 50 percent.

Just 8 percent of workers in the

bottom wage quartile—who on

average earn less than \$14 an hour

—had access to paid family leave

in 2020.

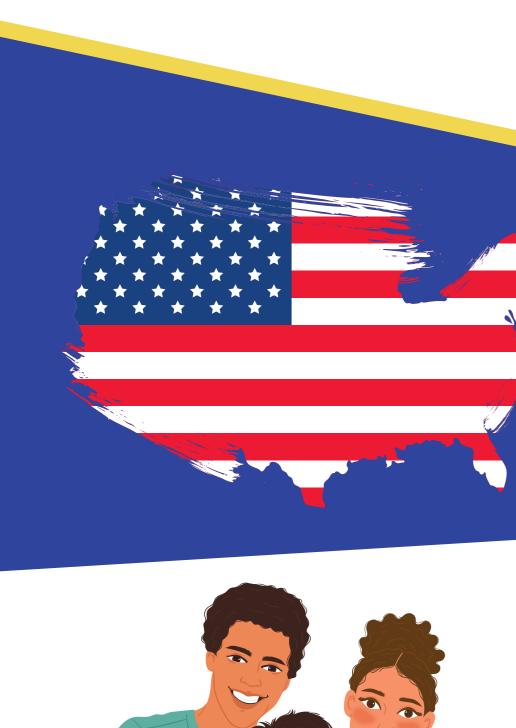
Child Care - - -

paid work hours to care for their children.

Prior to the pandemic, parents were losing roughly \$30–35 billion in income because the high cost of child care led many of them —primarily mothers—to leave the paid labor force or reduce their

productivity, and revenue.





transportation combined. • In 29 states and the District of Columbia, infant care costs exceed the average cost of in-state college tuition at public four-year institutions.

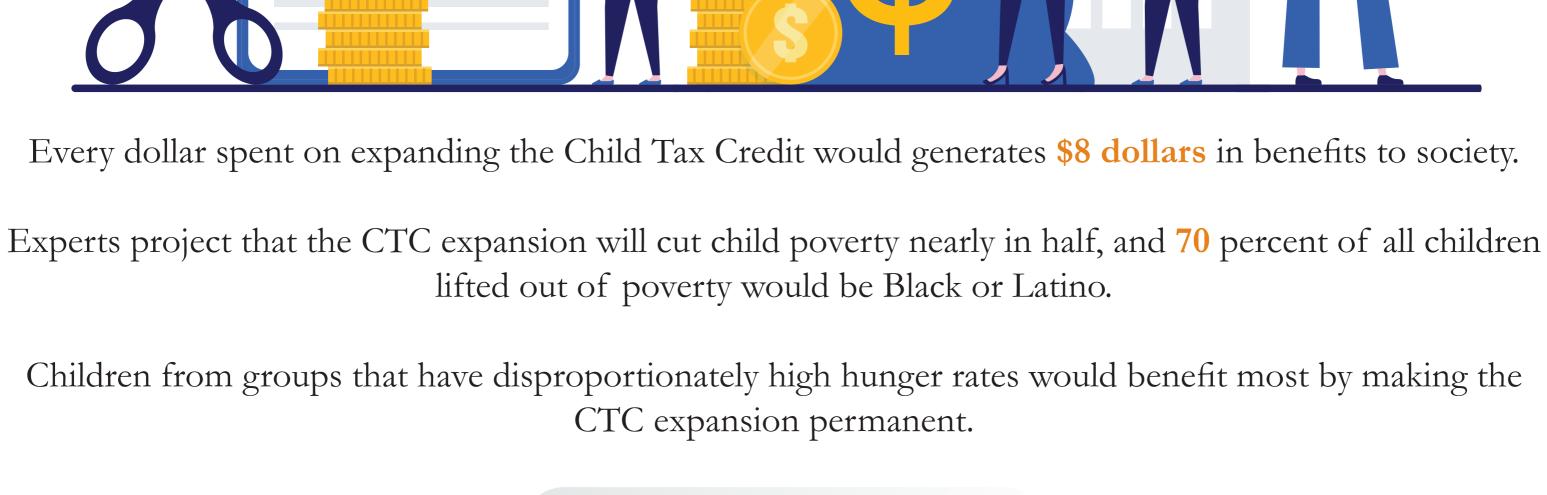
President Biden's American Families Plan will ensure low and middle-income

saving the average family \$14,800 per year on child care expenses.

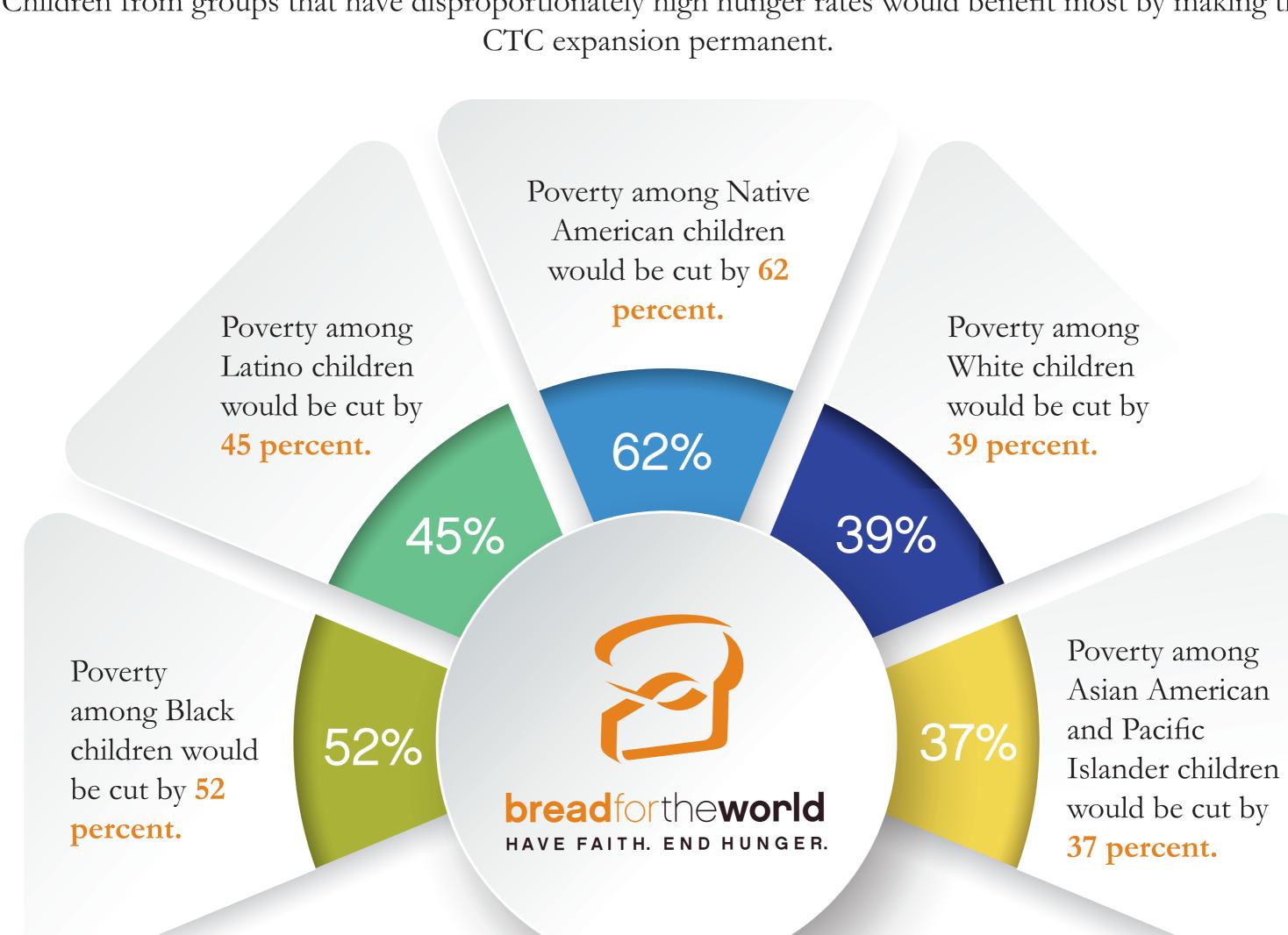
families pay no more than 7 percent of their income on high-quality child care,

• In all regions of the United States, average child care prices for an infant in

a child care center exceed the average amount that families spend on food and



Permanent Expansion of the Child Tax Credit



https://www.sciencedirect.com/science/article/abs/pii/S0091743519301355 https://s3.amazonaws.com/aws.upl/nwica.org/wics-role-reducing-infant-mortality.pdf

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