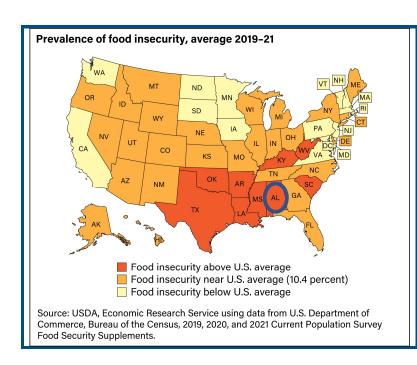


Alabama

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Alabama averaged 13.1%.1
- That makes Alabama the 7th hungriest state.²
- The official poverty rate (which does not account for post-tax programs such as SNAP, EITC, and others) in the state averaged 14.6%.³
- But using the Supplemental Poverty Measure (which does account for post-tax sources of income), the
 poverty rate falls to 10.3%.⁴ In other words, post-tax programs reduced the poverty rate in Alabama by
 4.3 percentage points, and the number of people living in poverty decreased by 213,000.⁵



Nutrition and Health

Diabetes and other diet-related conditions is costing Alabama \$4.2 billion per year⁶ in direct medical costs.

14.1% of the adult population has been diagnosed with diabetes.

- 27.5% of seniors
- 18.1% of Black adults
- 21.5% of adults with incomes of less than \$25,000

Every year an estimated 34,668 adults in Alabama are diagnosed with diabetes.

Only 10.3% of adults are meeting recommended fruit and 6.7% the vegetable intake.⁷

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Alabama has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition

Bread for the World supports strengthening SNAP in Alabama.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 15% of Alabama residents were helped by SNAP.⁸

- Roughly 222,800 workers in Alabama live in households that participated in SNAP in 2021.9
- SNAP helps 1 in 9 workers in Alabama put food on the table.¹⁰
- 72% of SNAP participants were in families with children, and 38% in families with members who are older adults or are disabled.¹¹
- 79% of all SNAP-eligible people in Alabama participate in the program.¹²

Equity

Bread for the World supports farm policies that promote a more equitable food system in Alabama.

The Alabama population is 62% white. According to the most recent Census of Agriculture, 91% of farmers and ranchers in Alabama are white and occupy 96% of all farmland.¹³

- Black farmers and ranchers represent 6% and occupy 4% of farmland.
- Hispanic farmers and ranchers represent 1% and occupy >1% of farmland.
- Indigenous producers represent 2% and occupy 2% of farmland.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Alabama.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 872,000 tons¹⁴ of surplus food in Alabama went to waste instead of reaching those who needed it, an amount equal to:

- 1.4 billion meals unsold or uneaten.¹⁵
- \$5.62 billion in lost sales.16
- 4.04 million metric tons of CO2 equivalent emissions contributing to climate change.¹⁷

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

 $^{^{\}rm 2}$ $\overline{\rm Bread}$ for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁶ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state

⁷ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

 $^{{\}color{blue}{8}} \underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#Alabama}$

 $^{^9\,\}underline{\text{https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state\#Alabama}}$

¹⁰ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Alabama

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Alabama

¹² https://www.fns.usda.gov/usamap

¹³ https://www.nass.usda.gov/Publications/AgCensus/2017/Online Resources/County Profiles/Alabama/index.php

¹⁴ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁵ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

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