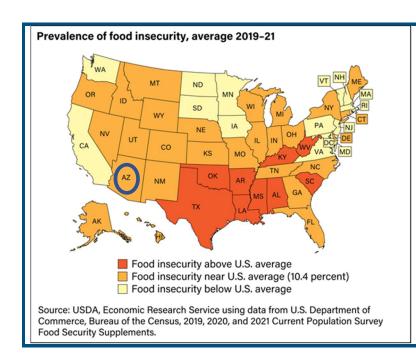


Arizona

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Arizona averaged 10.10%.¹
- Arizona's food insecurity rate was slightly lower (0.3 percentage points) than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 11.2%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the poverty rate falls to 9.0%. In other words, these programs reduced the poverty rate in Arizona by 20% and the number of people living in poverty by 160,000.
- SNAP, alone, lifted 204,000 people above the poverty line in Arizona, including 104,000 children, per year between 2013 and 2017, on average. ⁶



Nutrition and Health

Diabetes and other diet-related health costs in Arizona were estimated to be \$6.8 billion⁷ in 2017.

11% of the adult population in Arizona has been diagnosed with diabetes in 2020.8 This includes:

- 21.4% of seniors.
- 18% of Indigenous adults.
- 18.5% of adults with incomes of less than \$25,000.

Every year an estimated 42,930 adults⁹ in Arizona are diagnosed with diabetes.

Only 10.3% of adults in the state are meeting recommended fruit intake and 6.7% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Arizona has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition

Bread for the World supports strengthening SNAP in Arizona.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, **12% of Arizona residents** were helped by SNAP.¹¹

- Roughly 329,600 workers in Arizona live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 9 workers in Arizona put food on the table.¹³
- 69% of SNAP participants were in families with children, and 29% in families with members who are older adults or are disabled.¹⁴
- 77% of all SNAP-eligible people in Arizona participate in the program.¹⁵

Equity

Bread for the World supports farm policies that promote a more equitable food system in Arizona.

Arizona has more Native American farmers and ranchers (producers) than any other state. According to the most recent Census of Agriculture, 58% of producers in Arizona are Native American and occupy 77% of all farmland.¹⁶

- And yet, Native American farms sold just under 2 percent of the state's \$3.7 billion total in agricultural commodities.
- The majority are subsistence farms producing for families and neighbors.
- At 48.7 percent, Arizona has the largest percentage of female producers of any state, far above the national figure of 36.1 percent.
- In a state with more than 30 percent of the population Hispanic, only 4.5 percent of Arizona's farmers were Hispanic.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Arizona.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 2.22 million tons¹⁷ of surplus food in Arizona went to waste instead of reaching those who needed it, an amount equal to:

- 3.6 billion meals unsold or uneaten. 18
- \$9.51 billion in lost sales.¹⁹
- Annual CO2 emissions produced by 1,361,766 gasoline-powered cars.²⁰,²¹

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

 $^{^{2}}$ Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

 $^{{}^{6}\,\}underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#Arizonal}}$

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/AZ

⁹ https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Arizona

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Arizona

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Arizona

¹⁴ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Arizona

¹⁵ https://www.fns.usda.gov/usamap

https://www.nass.usda.gov/Publications/AgCensus/2017/Online Resources/County Profiles/Arizona/index.php

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator