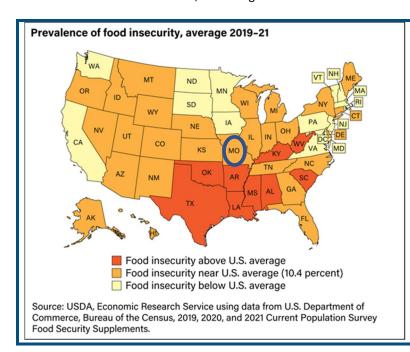


Missouri

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Missouri averaged 12.0%.¹
- That makes Missouri the 10th hungriest state with a food insecurity rate 13% higher than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 10.4%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the
 poverty rate falls to 8.2%.⁴ In other words, these programs reduced the poverty rate in Missouri by 21%
 and the number of people living in poverty by 203,000.⁵
- SNAP, alone, lifted 131,000 people above the poverty line in Missouri, including 58,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in Missouri were estimated to be \$6.7 billion⁷ in 2017.

10.8% of the adult population in Missouri has been diagnosed with diabetes in 2020.8 This includes:

- 22.1% of seniors.
- 12.2% of Black adults.
- 19.0% of adults with incomes of less than \$25,000.

Every year an estimated 36,3929 adults in Missouri are diagnosed with diabetes.

Only 8.7% of adults in the state are meeting recommended fruit intake and 7.4% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Missouri has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition

Bread for the World supports strengthening SNAP in Missouri.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 11% of Missouri residents were helped by SNAP. 11

- Roughly 242,300 workers in Missouri live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 12 workers in Missouri put food on the table.¹³
- 71% of SNAP participants were in families with children, and 37% in families with members who are older adults or are disabled.¹⁴
- 87% of all SNAP-eligible people in Missouri participate in the program.¹⁵

Equity

Bread for the World supports farm policies that promote a more equitable food system in Missouri.

The Missouri population is 78.7% white. According to the most recent Census of Agriculture, 98% of farmers and ranchers (producers) in Missouri are white and occupy 99% of all farmland.¹⁶

- Black producers represent <1% and occupy <1% of farmland.
- Hispanic producers represent <1% and occupy <1% of farmland.
- Asian producers represent
 <1% and occupy <1% of farmland
- Indigenous producers represent <1% and occupy <1% of farmland.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Missouri.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 1.24 million tons¹⁷ of surplus food in Missouri went to waste instead of reaching those who needed it, an amount equal to:

- 2 billion meals unsold or uneaten.¹⁸
- \$7.5 billion in lost sales. 19
- Annual CO2 emissions produced by 1,163,534 gasoline-powered cars.^{20,21}

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

 $^{^{\}rm 2}$ Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁶ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Missour i

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/MO

https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s_cid=mm7101a1_w#T1_down

 $^{^{11} \}underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#Missouri}$

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Missouri

https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Missouri

¹⁴ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Missouri

¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Online Resources/County Profiles/Missouri/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator