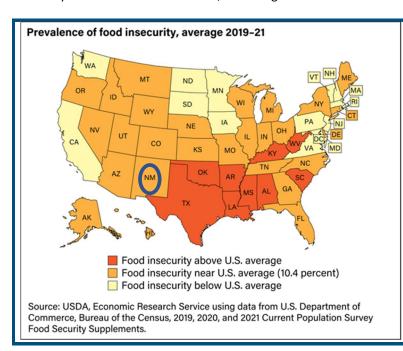


New Mexico

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in New Mexico averaged 11.5%.¹
- New Mexico's food insecurity rate was 10% higher than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 16.7%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the poverty rate falls to 10.6%. In other words, these programs reduced the poverty rate in New Mexico by 36% and the number of people living in poverty by 127,000.
- SNAP, alone, lifted 64,000 people above the poverty line in New Mexico, including 28,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in New Mexico were estimated to be \$2 billion⁷ in 2017.

12.4% of the adult population in New Mexico has been diagnosed with diabetes in 2020.8 This includes:

- 23.6% of seniors.
- 16.1% of Indigenous adults.
- 16.6% of adults with incomes of less than \$25,000.

Every year an estimated 12,4849 adults in New Mexico are diagnosed with diabetes.

Only 11.5% of adults in the state are meeting recommended fruit intake and 9.2% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe New Mexico has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition Equity

Bread for the World supports strengthening SNAP in New Mexico.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 25% of New Mexico residents were helped by SNAP.¹¹

- Roughly 136,400 workers in New Mexico live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 6 workers in New Mexico put food on the table.¹³
- 67% of SNAP participants were in families with children, and 27% in families with members who are older adults or are disabled.¹⁴
- 98% of all SNAP-eligible people in New Mexico participate in the program.¹⁵program.¹⁶

Bread for the World supports farm policies that promote a more equitable food system in New Mexico.

The New Mexico population is 36% white. According to the most recent Census of Agriculture, 48% of farmers and ranchers (producers) in New Mexico are white and occupy 68% of all farmland.¹⁷

- Black producers represent <1% and occupy <1% of farmland.
- Hispanic producers represent 30% and occupy 13% of farmland.
- Asian producers represent
 <1% and occupy <1% of farmland.
- Indigenous producers represent 20% and occupy 19% of farmland.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in New Mexico.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 424,000 tons¹⁸ of surplus food in New Mexico went to waste instead of reaching those who needed it, an amount equal to:

- 682 million meals unsold or uneaten.¹⁹
- \$2.21 billion in lost sales.²⁰
- Annual CO2 emissions produced by 329,668 gasoline-powered cars.²¹,²²

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

² Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#New Mexico

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/NM

⁹ https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#New Mexico

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#New Mexico

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#New Mexico

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¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.fns.usda.gov/usamap

¹⁷ https://www.nass.usda.gov/Publications/AgCensus/2017/Full Report/Census by State/New Mexico/

 $^{{\}color{blue}^{18}} \underline{\text{https://insights-engine.refed.org/food-waste-monitor?}} \underline{\text{by=food type\&indicator=tons-surplus\&view=detail\&year=2019}} \\$

 $^{^{19} \, \}underline{\text{https://insights-engine.refed.org/food-waste-monitor?break by=food type\&indicator=tons-surplus\&view=detail\&year=2019}$

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator