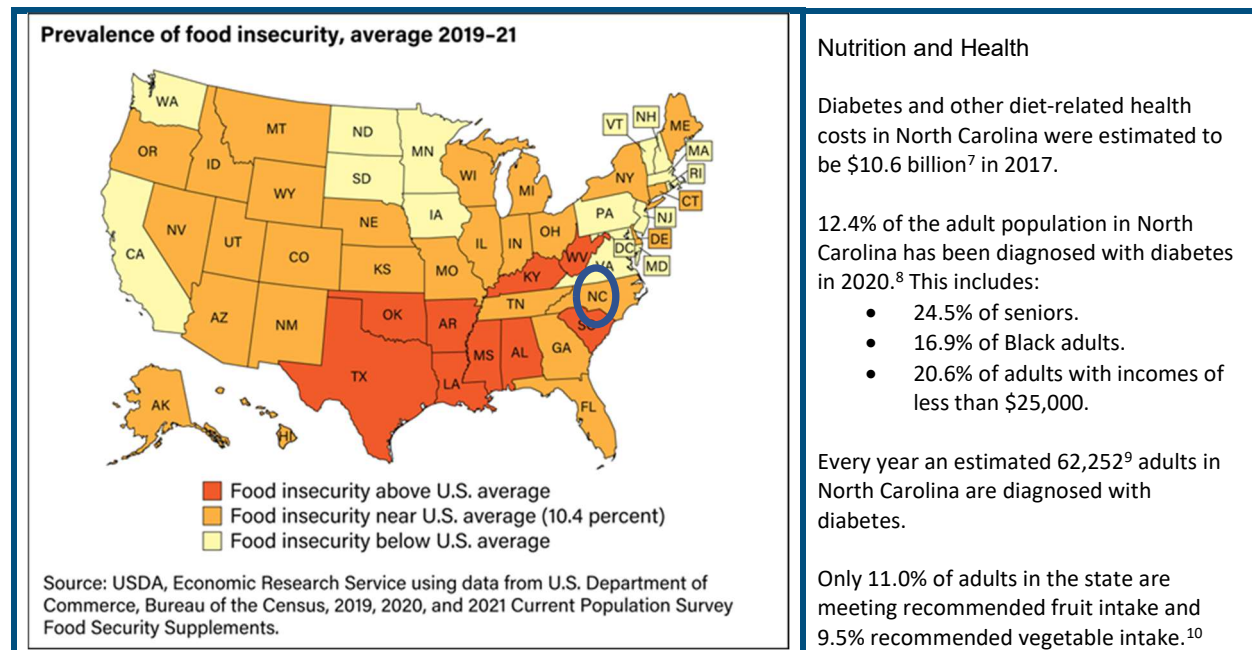


North Carolina

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in North Carolina averaged 10.90%.¹
- North Carolina’s food insecurity rate was 4% higher than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 12.8%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the poverty rate falls to 9.9%.⁴ In other words, these programs reduced the poverty rate in North Carolina by 23% and the number of people living in poverty by 304,000.⁵
- SNAP, alone, lifted 297,000 people above the poverty line in North Carolina, including 130,000 children, per year between 2013 and 2017, on average.⁶



Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation’s ability to provide healthy food at affordable prices to everyone.

Bread for the World’s farm bill priorities include a focus on nutrition, equity, and sustainability. We believe North Carolina has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition	Equity	Sustainability
<p>Bread for the World supports strengthening SNAP in North Carolina.</p> <p>Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.</p> <p>In 2021, 15% of North Carolina residents were helped by SNAP.¹¹</p> <ul style="list-style-type: none"> Roughly 479,000 workers in North Carolina live in households that participated in SNAP in 2021.¹² SNAP helps 1 in 10 workers in North Carolina put food on the table.¹³ 70% of SNAP participants were in families with children, and 33% in families with members who are older adults or are disabled.¹⁴ 69% of all SNAP-eligible people in North Carolina participate in the program.¹⁵ 	<p>Bread for the World supports farm policies that promote a more equitable food system in North Carolina.</p> <p>The North Carolina population is 62% white. According to the most recent Census of Agriculture, 94% of farmers and ranchers (producers) in North Carolina are white and occupy 96% of all farmland.¹⁶</p> <ul style="list-style-type: none"> Black producers represent 3% and occupy 2% of farmland. Hispanic producers represent 1% and occupy <1% of farmland. Asian producers represent <1% and occupy <1% of farmland. Indigenous producers represent 1% and occupy 1% of farmland. 	<p>Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in North Carolina.</p> <p>Reducing unnecessary food waste is one way to build a more sustainable food system.</p> <p>In 2019, 2.48 million tons¹⁷ of surplus food in North Carolina went to waste instead of reaching those who needed it, an amount equal to:</p> <ul style="list-style-type: none"> 4 billion meals unsold or uneaten.¹⁸ \$12.7 billion in lost sales.¹⁹ Annual CO2 emissions produced by 1,909,057 gasoline-powered cars.^{20, 21}

Footnotes

¹ <https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5>

² Bread for the World, based on USDA reporting, See Note 1.

³ <https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf>

⁴ <https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf>

⁵ <https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf>

⁶ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#North_Carolina

⁷ <https://diabetes.org/about-us/statistics/by-state>

⁸ <https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/NC>

⁹ <https://diabetes.org/about-us/statistics/by-state>

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s_cid=mm7101a1_w#T1_down

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#North_Carolina

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#North_Carolina

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#North_Carolina

¹⁴ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#North_Carolina

¹⁵ <https://www.fns.usda.gov/usamap>

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Full_Report/Census_by_State/North_Carolina/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ <https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator>