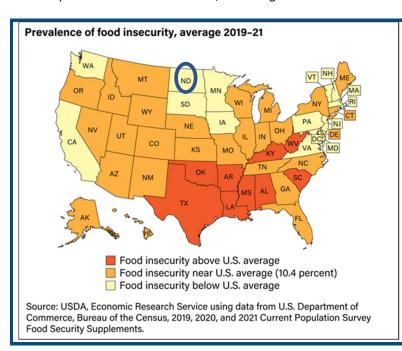


North Dakota

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in North Dakota averaged 7.70%.¹
- North Dakota's food insecurity rate was 26% lower than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 9.1%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the poverty rate falls to 7.1%.⁴ In other words, these programs reduced the poverty rate in North Dakota by 22% and the number of people living in poverty by 15,000.⁵
- SNAP, alone, lifted 15,000 people above the poverty line in North Dakota, including 7,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in North Dakota were estimated to be \$661 million⁷ in 2017.

9.9% of the adult population in North Dakota has been diagnosed with diabetes in 2020.8 This includes:

- 19.2% of seniors.
- 20.7% of Indigenous adults.
- 21.4% of adults with incomes of less than \$25,000.

Every year an estimated 4,5729 adults in North Dakota are diagnosed with diabetes.

Only 9.8% of adults in the state are meeting recommended fruit intake and 7.3% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe North Dakota has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition

Bread for the World supports strengthening SNAP in North Dakota.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 7% of North Dakota residents were helped by SNAP.¹¹

- Roughly 16,600 workers in North Dakota live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 24 workers in North Dakota put food on the table.¹³
- 68% of SNAP participants were in families with children, and 30% in families with members who are older adults or are disabled.¹⁴
 63% of all SNAP-eligible people in North Dakota participate in the program.¹⁵

Equity

Bread for the World supports farm policies that promote a more equitable food system in North Dakota.

The North Dakota population is 83.2% white. According to the most recent Census of Agriculture, 98% of farmers and ranchers (producers) in North Dakota are white and occupy 98% of all farmland.¹⁶

- Black producers represent 1% and occupy <1% of farmland.
- Hispanic producers represent <1% and occupy
 <1% of farmland.
- Asian producers represent
 <1% and occupy <1% of farmland.
- Indigenous producers represent <1% and occupy 1% of farmland.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in North Dakota.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 354,000 tons¹⁷ of surplus food in North Dakota went to waste instead of reaching those who needed it, an amount equal to:

- 570 million meals unsold or uneaten.¹⁸
- \$1.04 billion in lost sales. 19
- Annual CO2 emissions produced by 151,259 gasoline-powered cars.²⁰,²¹

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

² Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#North_Dakota

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/ND

⁹ https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

 $^{^{11} \}underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#North_Dakota}$

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#North Dakota

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#North Dakota

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¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Full Report/Census by State/North Dakota/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator