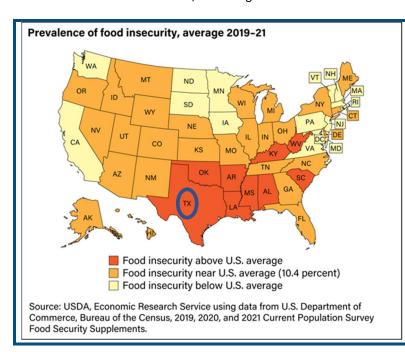


Texas

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Texas averaged 13.70%.¹
- That makes Texas the 6th hungriest state with a food insecurity rate 32% higher than the national average
 of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 12.90%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the
 poverty rate falls to 10.40%.⁴ In other words, these programs reduced the poverty rate in Texas by 24%
 and the number of people living in poverty by 713,000.⁵
- SNAP, alone, lifted 703,000 people above the poverty line in Texas, including 369,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in Texas were estimated to be \$25.6 billion⁷ in 2017.

12.6% of the adult population in Texas has been diagnosed with diabetes in 2020.8 This includes:

- 27.1% of seniors.
- 15.6% of Black adults.
- 19.4% of adults with incomes of less than \$25,000.

Every year an estimated 174,215⁹ adults in Texas are diagnosed with diabetes.

Only 13.8% of adults in the state are meeting recommended fruit intake and 11.9% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Texas has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition Equity Sustainability

Bread for the World supports strengthening SNAP in Texas.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 12% of Texas residents were helped by SNAP.¹¹

- Roughly 11.35 million workers in Texas live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 10 workers in Texas put food on the table.¹³
- 79% of SNAP participants were in families with children, and 27% in families with members who are older adults or are disabled.¹⁴
 75% of all SNAP-eligible people in Texas participate in the program.¹⁵

Bread for the World supports farm policies that promote a more equitable food system in Texas.

The Texas population is 84.3% white. According to the most recent Census of Agriculture, 85% of farmers and ranchers (producers) in Texas are white and occupy 92% of all farmland. 16

- Black producers represent 3% and occupy <1% of farmland.
- Hispanic producers represent 10% and occupy 7% of farmland.
- Asian producers represent <1% and occupy <1% of farmland.
- Indigenous producers represent <1% and occupy <1% of farmland.

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Texas.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 5.97 million tons¹⁷ of surplus food in Texas went to waste instead of reaching those who needed it, an amount equal to:

- 9.59 billion meals unsold or uneaten.¹⁸
- \$34.1 billion in lost sales. 19
- Annual CO2 emissions produced by 5,192,809 gasoline-powered cars.^{20,21}

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

 $^{^{\}rm 2}$ Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁶ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Texas

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/TX

⁹ https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Texas

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Texas

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Texas

¹⁴ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Texas

¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Full Report/Census by State/Texas/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019_

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator