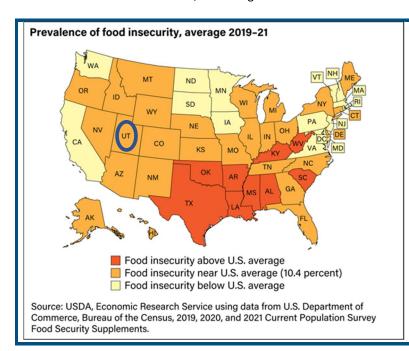


Utah

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Utah averaged 11.2%.¹
- Utah's food insecurity rate was 7% higher than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 7.5%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the
 poverty rate falls to 6.5%.⁴ In other words, these programs reduced the poverty rate in Utah by 13% and
 the number of people living in poverty by 33,000.⁵
- SNAP, alone, lifted 47,000 people above the poverty line in Utah, including 23,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in Utah were estimated to be \$1.7 billion⁷ in 2017.

8.2% of the adult population in Utah has been diagnosed with diabetes in 2020.8 This includes:

- 22.0% of seniors.
- 19.2% of Indigenous adults.
- 15.5% of adults with incomes of less than \$25,000.

Every year an estimated 19,6949 adults in Utah are diagnosed with diabetes.

Only 11.5% of adults in the state are meeting recommended fruit intake and 8.3% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Utah has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition

Bread for the World supports strengthening SNAP in Utah.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 5% of Utah residents were helped by SNAP.¹¹

- Roughly 82,900 workers in Utah live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 17 workers in Utah put food on the table.¹³
- 77% of SNAP participants were in families with children, and 26% in families with members who are older adults or are disabled.¹⁴
 77% of all SNAP-eligible people in Utah participate in the program.¹⁵

Equity

Bread for the World supports farm policies that promote a more equitable food system in Utah.

The Utah population is 77% white. According to the most recent Census of Agriculture, 93% of farmers and ranchers (producers) in Utah are white and occupy 61% of all farmland.¹⁶

- Black producers represent <1% and occupy <1% of farmland.
- Hispanic producers represent 2% and occupy 2% of farmland.
- Asian producers represent <1% and occupy <1% of farmland.
- Indigenous producers represent 4% and occupy 37% of farmland.

Sustainability

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Utah.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 540,000 tons¹⁷ of surplus food in Utah went to waste instead of reaching those who needed it, an amount equal to:

- 867 million meals unsold or uneaten.¹⁸
- \$82.98 billion in lost sales.¹⁹
- Annual CO2 emissions produced by 480,496 gasoline-powered cars.²⁰,²¹

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

² Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁶ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Utah

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/UT

https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s cid=mm7101a1 w#T1 down

 $^{^{11} \, \}underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#Utah}$

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Utah

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Utah

https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Utah

¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Full Report/Census by State/Utah/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator