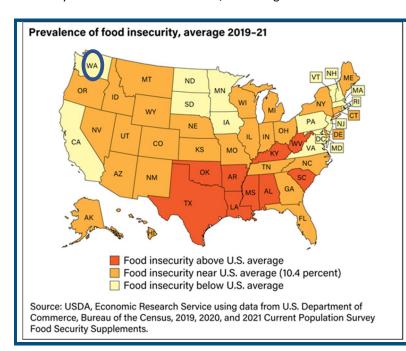


Washington

A Hunger and Poverty Snapshot

Between 2019-2021:

- Food insecurity in Washington averaged 7.90%.¹
- Washington's food insecurity rate was 24% lower than the national average of 10.4%.²
- The official poverty rate (which does not account for income from safety-net and tax-support programs such as SNAP, EITC, and others) in the state averaged 7.6%.³
- But using the Supplemental Poverty Measure (which does include safety-net and tax-support income), the
 poverty rate falls to 7.0%.⁴ In other words, these programs reduced the poverty rate in Washington by 8%
 and the number of people living in poverty by 45,000.⁵
- SNAP, alone, lifted 183,000 people above the poverty line in Washington, including 81,000 children, per year between 2013 and 2017, on average.⁶



Nutrition and Health

Diabetes and other diet-related health costs in Washington were estimated to be \$6.7 billion⁷ in 2017.

8.6% of the adult population in Washington has been diagnosed with diabetes in 2020.8 This includes:

- 17.6% of seniors.
- 16.8% of Black adults.
- 15.3% of adults with incomes of less than \$25,000.

Every year an estimated 45,6589 adults in Washington are diagnosed with diabetes.

Only 12.6% of adults in the state are meeting recommended fruit intake and 11.9% recommended vegetable intake. 10

Why Bread for the World is Focused on the Farm Bill

The Farm bill is scheduled to be reauthorized in 2023. No legislation has more impact than a farm bill on the US food system and the nation's ability to provide healthy food at affordable prices to everyone.

Bread for the World's farm bill priorities include a focus on nutrition, equity, and sustainability. We believe Washington has a lot to gain from a farm bill legislated with these priorities in mind.

Nutrition Equity Sustainability

Bread for the World supports strengthening SNAP in Washington.

Not only is SNAP the flagship food security and nutrition program, it is indispensable to better health outcomes and economic prosperity.

In 2021, 12% of Washington residents were helped by SNAP.¹¹

- Roughly 370,600 workers in Washington live in households that participated in SNAP in 2021.¹²
- SNAP helps 1 in 9 workers in Washington put food on the table.¹³
- 55% of SNAP participants were in families with children, and 41% in families with members who are older adults or are disabled.¹⁴
 99% of all SNAP-eligible people in Washington participate in the program.¹⁵

Bread for the World supports farm policies that promote a more equitable food system in Washington.

The Washington population is 66% white. According to the most recent Census of Agriculture, 91% of farmers and ranchers (producers) in Washington are white and occupy 69% of all farmland. 16

- Black producers represent <1% and occupy <1% of farmland.
- Hispanic producers represent 5% and occupy 11% of farmland.
- Asian producers represent 1% and occupy <1% of farmland.
- Indigenous producers represent <1% and occupy 19% of farmland.

Bread for the World is committed to eradicating food insecurity by building a more sustainable food system in Washington.

Reducing unnecessary food waste is one way to build a more sustainable food system.

In 2019, 3.59 million tons¹⁷ of surplus food in Washington went to waste instead of reaching those who needed it, an amount equal to:

- 5.79 billion meals unsold or uneaten.¹⁸
- \$9.24 billion in lost sales.¹⁹
- Annual CO2 emissions produced by 1,204,473 gasoline-powered cars.²⁰,²¹

Footnotes

¹ https://www.ers.usda.gov/webdocs/publications/104656/err-309.pdf?v=9924.5

² Bread for the World, based on USDA reporting, See Note 1.

³ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁴ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

⁵ https://www.census.gov/content/dam/Census/library/publications/2022/demo/p60-277.pdf

https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Washington

⁷ https://diabetes.org/about-us/statistics/by-state

⁸ https://www.americashealthrankings.org/explore/annual/measure/Diabetes/state/WA

⁹ https://diabetes.org/about-us/statistics/by-state

¹⁰ https://www.cdc.gov/mmwr/volumes/71/wr/mm7101a1.htm?s_cid=mm7101a1_w#T1_down

¹¹ https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets#Washington

¹² https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Washington

¹³ https://www.cbpp.org/snap-helps-low-wage-workers-in-every-state#Washington

 $^{^{14}\,\}underline{\text{https://www.cbpp.org/research/food-assistance/a-closer-look-at-who-benefits-from-snap-state-by-state-fact-sheets\#Washington}$

¹⁵ https://www.fns.usda.gov/usamap

¹⁶ https://www.nass.usda.gov/Publications/AgCensus/2017/Full Report/Census by State/Washington/

¹⁷ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

¹⁸ https://insights-engine.refed.org/food-waste-monitor?break by=food type&indicator=tons-surplus&view=detail&year=2019

¹⁹ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²⁰ https://insights-engine.refed.org/food-waste-monitor?break_by=food_type&indicator=tons-surplus&view=detail&year=2019

²¹ https://www.epa.gov/energy/greenhouse-gas-equivalencies-calculator