

## Offering of Letters Sample

[Date]

Rep. \_\_\_\_\_  
U.S. House of Representatives  
Washington, DC 20515  
Sen. \_\_\_\_\_  
U.S. Senate  
Washington, DC 20510

Dear Senator \_\_\_\_\_, / Dear Representative \_\_\_\_\_,

The farm bill is our nation's most important national food system legislation. It is critical to the work of ending hunger at home and abroad. Indeed, the farm bill impacts each one of us.

As Congress works to renew our food and farm programs through the farm bill, I urge you to support legislation that builds healthy, equitable, and sustainable food systems.

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Specifically, I ask you to:

- Increase access to fresh fruits and vegetables by increasing support for produce-specific Supplemental Nutrition Assistance Program (SNAP) benefits in the Gus Schumacher Nutrition Incentive Program (GusNIP). This provides resources on top of monthly SNAP benefits for the purchase of fresh fruits and vegetables, primarily at farmers' markets, for a limited number of households.
- Eliminate barriers to SNAP for marginalized populations, including ending the ban on former drug offenders, eliminating work requirements for college students, and permitting indigenous communities to administer SNAP and other federal nutrition programs on reservations.
- Keep food out of landfills by increasing support for post-harvest food recovery efforts and addressing the threat to food security posed by extreme weather.
- Support funding for international food aid programs such as Food for Peace.

As a person of faith, I am moved to help and advocate for people experiencing hunger and poverty – no matter where they live. This is why I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.

Sincerely,

[Your name]  
[Your address]

## Quick Tips for an Effective Letter

- 1. Ask for a specific action, using your own words or this sentence:**
  - I urge you to expand free school meals to additional children through the Community Eligibility Provision Program and extend Summer EBT nationwide
- 2. Give reasons for your request and make it personal.**
  - Share a personal reason or story that motivated you to write.
  - Show own organization's commitment: "My church is helping by (example) but I also urge you to protect the Supplemental Nutrition Assistance Program (SNAP) from cuts."
- 3. Write your name and address at the end of your letter and on the envelope, so your members of Congress know you are one of their constituents.**
- 4. For more impact, consider scheduling a meeting at your members office (or online) and personally deliver the letters with a delegation from your congregation/organization. You can contact your regional organizer for support.**
- 5. Send your letters to your member's local office or DC offices, and please don't mail them to Bread for the World. If you're mailing your letter, put each letter in a separate envelope and address it. To send a personalized email, go to [bread.org/farbill](https://bread.org/farbill).**
  - Find addresses here:  
<https://www.house.gov/representatives/find-your-representative>  
<https://www.senate.gov/senators/senators-contact.htm>
- 6. Be sure to report your letter and results at the bottom of the OL home page or [click here](#).**