

Offering of Letters Sample

[Date]

Rep. _____
U.S. House of Representatives Washington,
DC 20515

Sen. _____
U.S. Senate
Washington, DC 20510

Dear Senator _____, / Dear Representative _____,

The farm bill is our nation's most important national food system legislation. It is critical to the work of ending hunger at home and abroad. Indeed, the farm bill impacts each one of us.

As Congress works to renew our food and farm programs through the farm bill, I urge you to support legislation that builds healthy, equitable, and sustainable food systems.

Specifically, I ask you to:

- Protect SNAP from funding cuts and further restrictions.
- Increase funding for fresh produce within SNAP benefits through the Gus Schumacher Nutrition Incentive Program (GusNIP).
- Reduce food waste by cosponsoring the *Food Date Labeling Act*, H.R.3159/S.1484.
- Reauthorize the Food for Peace global nutrition program at no less than its current level of \$2.5 billion annually and allow additional flexibility to provide the most effective form of assistance in each local context.

[Add a sentence or two about why this is important to you. For example: As a person of faith, I am moved to help and advocate for people experiencing hunger and poverty – no matter where they live. This is why I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.]

Sincerely,

[Your name]
[Your address]

Quick Tips for an Effective Letter

- 1. Ask for a specific action, using your own words or this sentence:**
 - I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.
- 2. Give reasons for your request and make it personal.**
 - Share a personal reason or story that motivated you to write.
 - Show own organization's commitment: "My church is helping by (example) but I also urge you to protect the Supplemental Nutrition Assistance Program (SNAP) from cuts."
- 3. Write your name and address at the end of your letter and on the envelope, so your members of Congress know you are one of their constituents.**
- 4. For more impact, consider scheduling a meeting at your members office (or online) and personally deliver the letters with a delegation from your congregation/organization. You can contact your regional organizer for support.**
- 5. Send your letters to your member's local office or DC offices, and please don't mail them to Bread for the World. If you're mailing your letter, put each letter in a separate envelope and address it. To send a personalized email, go to bread.org/farmbill.**
 - Find addresses here:
<https://www.house.gov/representatives/find-your-representative>
<https://www.senate.gov/senators/senators-contact.htm>
- 6. For the OL group leader: Be sure to report your letter and results at the bottom of the OL home page or [click here](#).**