

Quick Tips for an Effective Letter

- 1. Ask for a specific action, using your own words or this sentence:**
 - I urge you to support a farm bill that builds healthy, equitable, and sustainable food systems.
- 2. Give reasons for your request and make it personal.**
 - Share a personal reason or story that motivated you to write.
 - Show own organization's commitment: "My church is helping by (example) but I also urge you to protect the Supplemental Nutrition Assistance Program (SNAP) from cuts."
- 3. Write your name and address at the end of your letter and on the envelope, so your members of Congress know you are one of their constituents.**
- 4. For more impact, consider scheduling a meeting at your members office (or online) and personally deliver the letters with a delegation from your congregation/organization. You can contact your regional organizer for support.**
- 5. Send your letters to your member's local office or DC offices, and please don't mail them to Bread for the World. If you're mailing your letter, put each letter in a separate envelope and address it. To send a personalized email, go to bread.org/farmbill.**
 - Find addresses here:
<https://www.house.gov/representatives/find-your-representative>
<https://www.senate.gov/senators/senators-contact.htm>
- 6. For the OL group leader: Be sure to report your letter and results at the bottom of the OL home page or [click here](#).**